

How to Collect a Faecal Sample

Please read these instructions carefully before collecting your faecal sample.

PRECAUTIONS

- Do not tear the aluminium sheet.
- If flushed with a large amount of toilet paper, the toilet may become blocked.
- Do not drink the liquid in the sampling bottle. Do not add water or discard the liquid.
- Do not collect a faecal sample during menstruation.
- Do not allow the sampling bottle to come into direct contact with the body.
- Use the sampling bottle only for faecal sample collection.
- Keep the self sampling kit out of reach of children.
- Take extra care when collecting the sample if using a toilet with an automatic cleaning function.

DO NOT FLUSH THIS PAPER INTO THE TOILET

*Be sure to read the instructions before collecting the faeces sample.

After collecting the sample, the collection paper may be flushed. Do not flush a large amount of toilet paper at the same time.

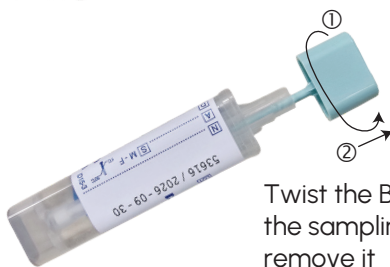
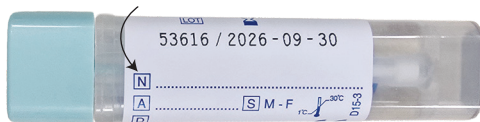
Western style



Japanese style



- 1 Complete details on label (Name, Gender, Age)
* Ensure the collection date and time are recorded.
* **Do not use a water-based pen.**



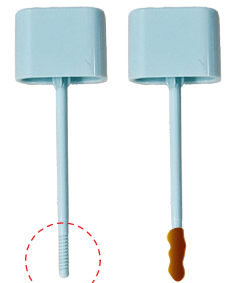
Twist the Blue Cap on the sampling bottle to remove it

- 2 * Do not collect an excessive amount of sample, as this may affect test accuracy.

Collect the sample by lightly scraping across the surface of the stool.

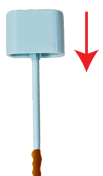


Collecting amount



Ensure the probe tip is lightly coated with the sample.

- 3 ① Align the cap correctly with the sampling bottle.
② Press straight down until you hear a click.



Close the cap firmly until a click is heard.



* Do not reopen the bottle once the cap has been closed.

- 4 Place the self sampling bottle into the submission bag and return it as soon as possible.

* Store the sample in a cool place.

